

The Miami Valley Psychologist

Newsletter of the Dayton Area Psychological Association

Volume 49, Number 5 *Editor:* Jonathan M. Cleveland, Ph.D. jcleveland@mycordell.com September 2023
Associate Editor: Stephen Hall, Psy.D

Black Girl Space: Prioritizing the Needs of Black Girls in Therapy

A 3-hour workshop on **Friday, October 20th, 2023 @ 1pm**, via Zoom

Presented by
Ebony Speakes-Hall, DSW, LISW-S



Workshop Description

"Black Girl Space: Prioritizing the Needs of Black Girls in Therapy," a 3-hour workshop will address the impact of white supremacy in the lives of black girls. It will further examine the role white supremacist culture plays within the therapeutic setting, promoting oppressive practices that harm black girls during the therapeutic process. Finally, the learners will be given anti-racist therapeutic tools to increase engagement and effective outcomes with black girls.

Learning Objectives

1. Expose learners to risk factors that make black girls vulnerable to harm.
2. Identify oppressive practices that harm black girls in therapy.
3. Equip learners with anti-racist therapeutic tools for black girls to reduce harm.

When: Friday, October 20th, 2023, 1:00 – 4:15pm



C.E.U. Credit & Cost: 3 hours of CEUs. Free for DAPA members and students. \$65 for non-DAPA members, payable in advance by becoming a DAPA member by going to the DAPA website and paying online at <https://www.daytonpsych.org>.

Workshop Reservations: Confirm your reservation by clicking "Yes" to the Google Calendar invitation via email by Monday, October 16th, 2023. **DAPA members will receive a Zoom link for connecting to the workshop in the Google Calendar invitation.** If you experience any issues with making your reservation, please email DAPA at daytonpsych@gmail.com or call Sherry West at 937-276-3356.

Where: Online, using Zoom.

Questions: Please address any questions to daytonpsych@gmail.com

DAPA is an Ohio Psychological Association MCE Program provider for psychologists and is responsible for this program

The Workshop Presenter

Dr. Ebony Speakes-Hall is a licensed clinical social worker. She is also the founder of Dr. Ebony Speakes-Hall and Associates, where she offers clinical services and individual and corporate coaching. In addition, Dr. Ebony consults with businesses and nonprofits in diversity, equity, inclusion, and social justice.

Dr. Ebony currently serves as associate professor and field director of social work for Ohio Dominican University. She serves as the first Black woman president of the ACLU of Ohio. In addition, she is the former vice-president of the National Association of Social Workers. Dr. Ebony advocates for LGBTQ+ rights, criminal justice reform, and child welfare reform. Also, she is a sought-after motivational speaker for her candid talks on the dynamics and issues facing black women and girls in America.

Dr. Speakes-Hall serves as the Warner Music Group Global DEI Institute faculty member, where she collaborates with top DEI experts in the world. The Warner Music Group Global DEI Institute is the first in the music industry, and is centered around the following pillars: education, innovation, culture, social impact, and research. In addition, she provides content expertise and professional development opportunities to staff in the United States, Asia, Africa, Europe, South America, and Australia.

Ebony Speakes-Hall completed her Doctorate in clinical social work at the University of Pennsylvania. Her research explored “Situational risk factors associated with child sexual abuse in the Black church and the interventions to keep Black children safe.” She also holds a Master of Science School of Applied Social Sciences at Case Western Reserve University located in Cleveland, OH. In 2006 she received her Master of Divinity Degree in theology from the Samuel DeWitt

Proctor School of Theology at Virginia Union University located in Richmond, VA. In 2003, she completed her Bachelor of Science in biblical studies from Cincinnati Christian University in Cincinnati, OH.



President's Column by Devon E. Douglas, Psy.D.

Our second annual Rock the Stigma event was a success! Thank you to all who attended the event and helped us raise over \$5,000 for mental health efforts in the Dayton area. I'd also like to thank Yellow Cab Tavern for hosting us at their food truck rally and creating an amazing atmosphere for us.

Last year, we were able to provide funds to support needed services at Daybreak Dayton. This year, we are on the lookout for new projects to support. Make sure you join us for our next event, the AFSP Out of the Darkness Walk on October 15 at Day Air Ballpark. We are hosting a table at this event as well as creating our own team. Please encourage your friends, family, and co-workers to join our team for this wonderful event! Join here

<https://supporting.afsp.org/index.cfm?fuseaction=donorDrive.team&teamID=317929>

Finally, I want to encourage you all to vote in the local elections on Tuesday November, 7. Our local representatives impact us the most on a daily basis and these elections are just as important as the general election. In Ohio, we can register to vote online here:

<https://www.ohiosos.gov/elections/voters/register/>

As always, please reach out with any questions, ideas, or thoughts!

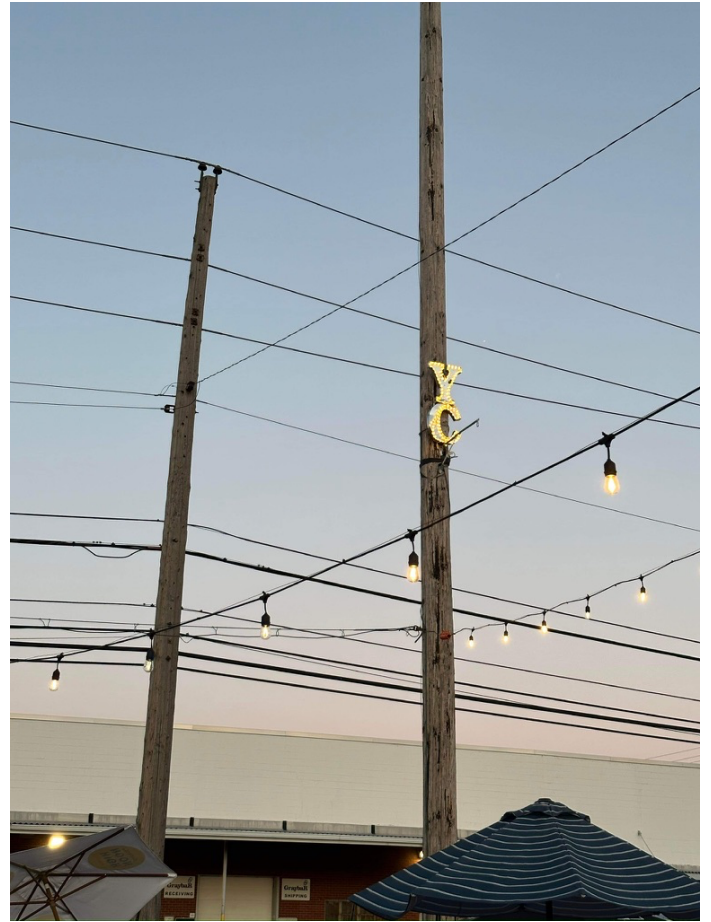
2022 DAPA Board of Trustees

President:	Devon Douglas, Psy.D.
President-Elect:	Flora Igah, Psy.D.
Past President:	Devon Douglas, Psy.D.
Treasurer:	Marcy Gunn, Psy.D.
Social Responsibility:	Marcy Gunn, Psy.D.
Programs Chair:	Chelsey Mahler, Psy.D.
OPA Rep:	Lauren Kaplan, Psy.D.
Newsletter Editor:	Jon Cleveland, Ph.D
Assoc. Newsletter Ed:	Steve Hall, Psy.D.
Website Chair:	Sarah Morgan, Psy.D.
Membership Chair:	Ann Poortinga, MSACN
Early Career Rep:	Ashley Holden, Psy.D.
Social Media	Katie Abrahamowicz, Psy.D.
UD Representative	Melissa Layman-Guadalupe, Ph.D.
Student Rep (SOPP):	Chelsea Winner-Suter, Psy.M.



Rock the Stigma 2023





Who's Who

Katherine Abrahamowicz, Psy.D



What is your current occupation and where were you educated?

I am an informal postdoc at Empower Psychology + Wellness's Beavercreek location.

What can you tell us about your education?

I received my Bachelor of Science degree from Wright State University in 2018 and I also received my Doctor of Psychology (Psy.D.) degree in 2023 from Wright State University's School of Professional Psychology.

What inspired you to choose a career in psychology?

My initial interest in psychology grew out of a desire to better understand human behavior and motivation. I took AP Psychology my junior year of high school and I was enamored with the various extreme case studies we read about, like Genie, and I also enjoyed applying the concepts I was learning to television characters in my favorite shows. My interests really grew when I did an undergraduate practicum at a domestic violence shelter, and I saw the impact of mental health, physical health, SES, race, gender, systemic barriers, and family of origin issues

coming together to create hard times for members of the community. I realized just how different our lived experiences can be, and how badly I wanted to help in any way I could.

What is most rewarding about this work for you?

The opportunity to sit with someone and hear their story is so rewarding to me. I find so much value in listening to others talk about their lives and how they came to be the person they are now. I think it is a privilege to meet with so many different individuals, get to know them on such a personal level, and build that trusting relationship.

What is the most challenging aspect of your work?

I think my biggest challenge currently is my ability to balance client needs and my own self-care. I find myself wanting to bend over backwards to fit another client into my day, stay later, or come in early to accommodate others. I try to remind myself that breaks are important, and I am a much better clinician when I feel my own cup is filled.

How do you keep your life in balance (i.e., what are your hobbies)?

I make sure to leave work at work. I avoid checking emails outside of working hours. I really enjoy exercising, running in particular. I have grown to love long distance running and occasionally run in organized races when I can. Sometimes I like to be artsy and I will do some drawing, coloring, or painting. I also love to spend time with my pets, family, and friends. My social support is everything to me!

Contact Information:
abrahamowicz.2@wright.edu

Now Hiring

Clinical Assistant/Associate/Full Professor

The School of Professional Psychology (SOPP), in the College of Health, Education, and Human Services at Wright State University (WSU) invites outstanding applicants for multiple full-time (12-months) faculty positions, open rank, in our APA-accredited Psy.D. program in Clinical Psychology to start as early as possible. We are seeking individuals to join our diverse and innovative faculty to teach, supervise professional dissertations, engage in scholarship and SOPP, college and university-level service activities and potentially provide clinical supervision. Potential leadership opportunities are also available within the SOPP for interested applicants. For program information, please go to <https://health-education-human-services.wright.edu/professional-psychology>

Requirements: Applicants must have a doctorate from an APA-accredited doctoral program, completed an APA-accredited internship, demonstrated ability to teach practitioner students, and be licensed in Ohio as a psychologist or be able to acquire licensure in Ohio within one year of appointment. Applicants must also have a broad commitment to the practitioner model of professional education and the school's mission of integrating diversity into all aspects of our program.

Preferred: Licensure in Ohio at the time of hire. While areas of specialty remain open for all positions, we are particularly interested in applicants with teaching, scholarly/ creative activity, and clinical experience (e.g., assessment, intervention, consultation) in one or more of the following areas: child, adolescent, and family psychology, forensics, and/or psychopharmacology. If applicants are interested in the potential leadership opportunities (outlined below), it is preferred applicants have

experience in leadership/ administration activities (e.g., committee chair, associate director of clinical training).

Potential Leadership Opportunities:

Director: Psychological Assessment Services (PAS)- 12-month full time faculty position with assigned professional responsibilities for administration, clinical supervision, teaching, scholarship and service. Adjustments in the faculty teaching and service expectations are made for the faculty member in this administrative role.

Director of Clinical Training: 12-month full time faculty position with assigned professional responsibilities for administration, teaching, scholarship and service. Adjustments in the faculty teaching and service expectations are made for the faculty member in this administrative role.

To apply, go to

<https://jobs.wright.edu/postings/18730>. The positions will remain open until filled. For best consideration, submit application materials by November 1, 2023. Wright State University, an equal opportunity/affirmative action employer, is committed to an inclusive environment and strongly encourages applications from minorities, females, veterans, and individuals with disabilities.



SCHOOL OF
PROFESSIONAL
PSYCHOLOGY



DAYTON AREA PSYCHOLOGICAL ASSOCIATION

2023

CEU WORKSHOPS

FEBRUARY 17

*Eating Disorders: Diagnosis, Treatment
and Integrating Care*
Leah Maselli, Psy.D., HSP

APRIL 21

*ADHD Assessment and Intervention with
Adults in the (Mis)Information Age*
Jessica I. Williams, Psy.D.

JUNE 23

*Introduction to Sex and Relationship
Therapy: An Inclusive and Affirming
Approach*
Rebecca Brown, Psy.D.

AUGUST 4

*Identifying Autism in Marginalized
Populations: Focus on Black Autistic and
Female Autistic Assessment*
Jess Hasson, Ph.D.

OCTOBER 20

*Black Girl Space: Prioritizing the
Needs of Black Girls in Therapy*
Ebony Speakes-Hall, DSW, MSSA, LISW-S